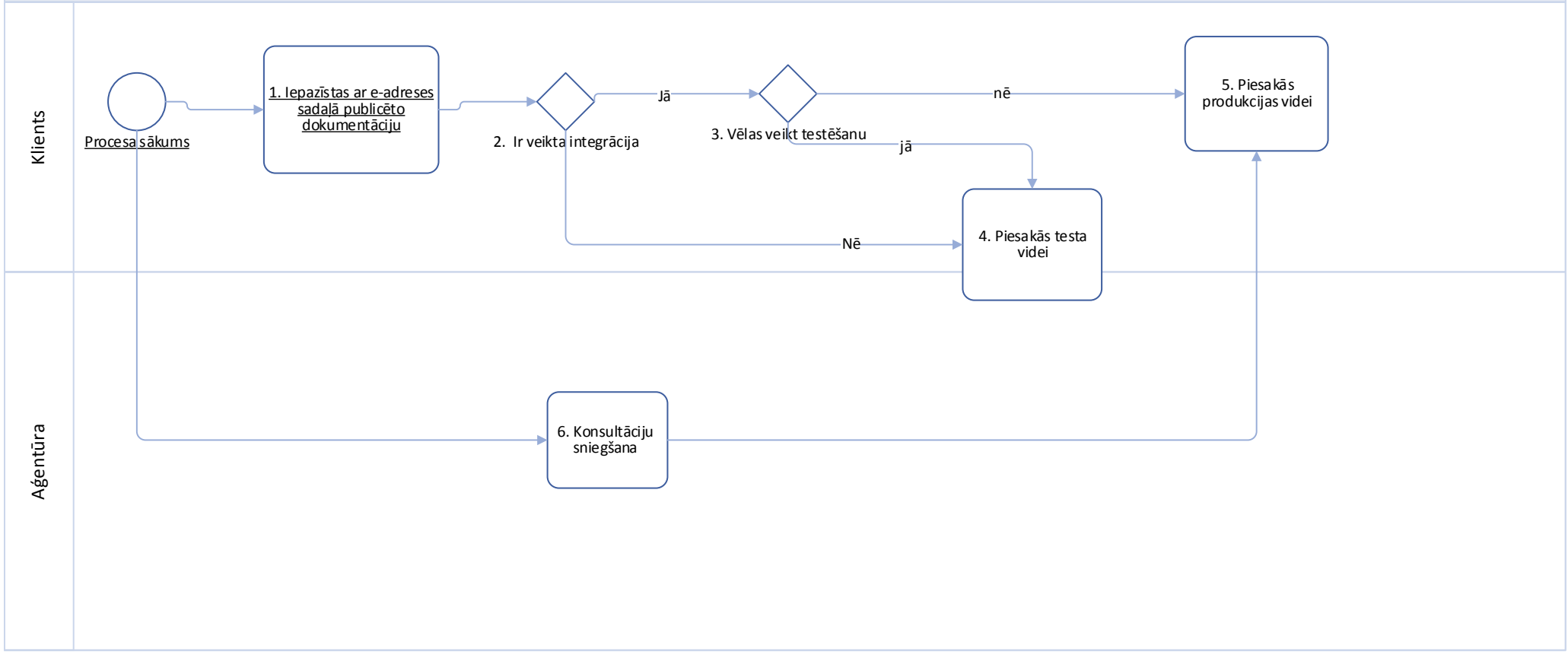Pieteikšanās e-adreses informācijas sistēmā